

## THERAPY LIST

Below is a list of all the services that I offer. For any further information, please do not hesitate to ask\*\*. Therapies can be combined to alleviate symptoms.

### SOFT TISSUE

My trademark service. Over the years, I have developed a unique myofascial releasing technique in which I aim to reset the body tissue and normalise muscle lengths.

**55 Minutes\* - £36 - (Student: £30)**

### ACUPUNCTURE

Primarily for the relief of sporting injuries and myofascial trigger points (in the western sense), but I touch on the eastern philosophies with a meridian point focus, for the unblocking of organ related tensions.

**30 Minutes\* - £30 - (Student: £25)**

### CUPPING

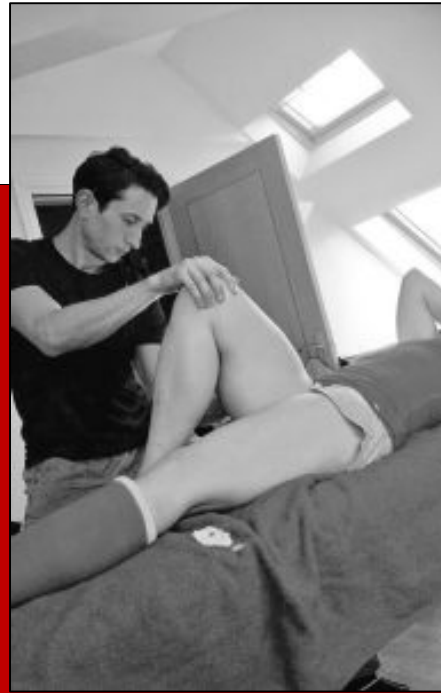
The suction and negative pressure provided by cupping can loosen muscles, encourage blood flow, and sedate the nervous system. It also has myofascial benefits, separating clogged up fascia from the tissue below.

**30 Minutes\* - £30 - (Student: £25)**

### RELAXATION

If you are looking to unwind, I offer the ultimate experience utilising candles, incense and scented massage oils. Hot stones are placed on the back following a relaxing back and leg treatment.

**60 Minutes\* - £40 - (Student: £35)**



**Email Address**

j.broom.edwards@gmail.com



**Telephone No.**

07495618052



**LinkedIn URL**

@BroomEdwards  
T44



**Twitter Handle**

@BroomEdwards  
T44

## RELEVANT EXPERIENCE

- VTCT LVL 4 – Sports massage
- Acupuncture for sports injuries
- Neurological testing
- Hip & Groin Masterclass
- Clinical Biomechanics
- Gait Analysis
- Muscle Energy Techniques

\*Times may vary depending on treatment requirements

\*\* Initial Consultations incur a £5 extra charge for diagnostics

